



SAVAYE ACADEMY FOR FAMILY LIFE EDUCATION STUDY GUIDE

MARITAL FOUNDATION FUN AND SIMPLE LESSONS ABOUT MARRIAGE

Introduction:

To overcome challenges and maintain a happy and fulfilling marriage, couples need to establish the essential foundations of marriage. This lesson aims to provide guidance for families on the essentials of marriage and marital foundations to overcome marital crisis, prevent disruption, and support marital bliss. We will be defining What Marriage is, The Inventor's Intentions for creating marriage, which includes Oneness, A Covenant Relationship, The Marriage House Essentials, and G.R.A.C.E Homes.

“O storm-battered city, troubled and desolate! I will rebuild you with precious jewels and make your foundations from lapis lazuli.” Isaiah 54:11. NLT

1. What is Marriage?

Marriage is a covenant union between a man and a woman legally ratified by the laws of the land.

2. Who Invented Marriage and what was the inventor's intention?

- God is the Inventor of marriage
- It is the union between a man and a woman to become ONE
- The purpose of God for marriage is ONENESS – Two become ONE Flesh.
- It is binding as both partners are alive.
- Marriage is a covenant relationship and not a contract.

3. Oneness in Marriage

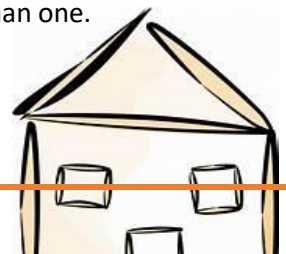
- Oneness means working together in purpose, vision, and dreams to build something bigger than yourselves. In marriage two people, a man and a woman, come together as one to seek God's agenda for kingdom building. “How can our union expand and grow the kingdom of God on earth?”

4. Marriage is a Covenant, Not a Contract – What is the Difference between a covenant and a contract?

With a covenant, both parties agree to hold up their ends regardless of whether the other party keeps their part of the agreement. A violation of a covenant by one party doesn't matter as far as the other party's responsibility to continue to do what they agreed to do.

With a contract, if one agreeing party does something in violation of the contract then it is considered broken. The whole contract becomes null and void. Basically, the signers of a contract agree to hold up their ends as long as the other signatories hold up theirs too.

In marriage we are members of the same team, seeking to win together. We are not opponents, we are teammates. We have the same goals, visions and expected outcomes in mind. Two are better than one.



5. The Marriage House Essentials. Every marriage needs the following essential elements:

Trust- A firm belief in someone or something's character, ability, strength, or truth

Commitment- the state or quality of being dedicated to a cause.

Respect- High or special regard for someone.

Love- Having strong deep affection and commitment to someone

Shared vision and values – A common purpose shared by more than one person.

Question: Where would you put these essentials in your marriage house and why?

6. Living in G.R.A.C.E is another foundational stone that every family needs to grow, thrive and make a difference in the world for the glory of God.

In G.R.A.C.E each letter stands for an attribute of God's Grace in our daily lives:

G for Gift: See yourself and family members as gifts and express gratitude to them.

Question: What are you grateful for in each member of your family?

R for Receive: Receive and respect the values each family members bring to the home.

Question: What can you learn from your family members?

A for Ask, Accept, and Forgive:

- Asking for and giving forgiveness keeps relationships happy. Mistakes happen but saying "I'm sorry" goes a long way to bringing repairs to the damage done."

Question: Who can you say "I'm sorry" to today, or who can you forgive?

C for Cheerfulness:

- A cheerful heart spreads joy! Laughter and kind words make any relationship better.

Question: What fun activity do you want to do with your family members? Play a game? Go for a walk?

E for Empathy:

-Empathy means understanding how others feel and showing care. It's like stepping into their shoes for a moment. We act with compassion and kindness in response to understanding how others feel.

- Question: What's one kind thing you can do to help someone in your family feel understood today?

Marriage is like a team sport—play together, support each other, and always cheer for your partner!

CALL TO ACTION: What is your take-away from this lesson today that will change your life?